



2ND LICHEN HUB MEETING

3 - 4 April 2025 · Madrid

www.lichenhubmeeting.com

Directed by: Dr. Maite Fernández and Dr. Max Brambilla

THEORETICAL SESSIONS WITH LIVE SURGERIES

Specialised conference on
vulvar lichen sclerosis.
Multidisciplinary approach
from a regenerative
perspective.

- 14:30 • 15:15 h. Documentation delivery
15:15 • 15:30 h. Welcome and inauguration

15:30 • 17:30 h.

SESSION 1: GENERALITIES IN LICHEN SCLEROSUS

Moderators: Dr. Sílvia González and Dr. Lucía Barchino

- 15:30 • 15:45 h. Lichen sclerosis is trending. *Dr. Max Brambilla.*
15:45 • 16:00 h. Etiopathogenesis of LS. What should we look for? *Dr. Maite Fernández.*
16:00 • 16:15 h. Histology: will early lichen sclerosis become late lichen sclerosis?
Dr. Manola Remezal.
16:15 • 16:30 h. Vulvar cancer: when and how to suspect it? *Dr. Marco Cusini.*
16:30 • 16:45 h. The art of managing topical treatments in lichen sclerosis.
Dr. Pablo Lázaro.
16:45 • 17:00 h. Genetics and lichen sclerosis: we are we now?
Dr. Dhouha Dridi.

17:00 • 17:30 h. **DISCUSSION**

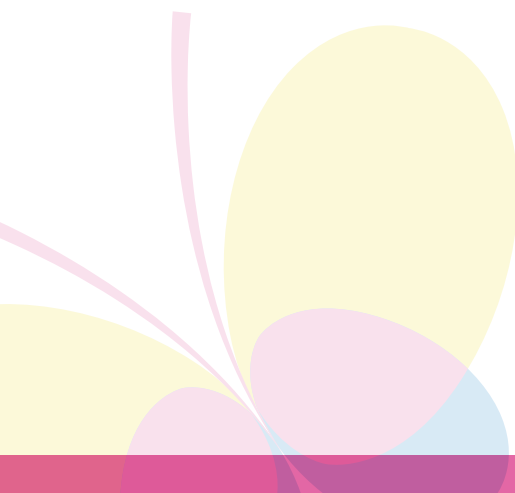
17:30 • 18:00 h. **Coffee break**

18:00 • 20:00 h.

SESSION 2: MULTIDISCIPLINARY APPROACH TO LICHEN SCLEROSUS

Moderators: Dr. Raquel Campos and Dr. Alexandra Henríquez.

- 18:00 • 18:15 h. Integrative medicine and hormones in lichen sclerosis. *Dr. Laura Cortés.*
18:15 • 18:30 h. Gut and lichen: the role of nutrition in a holistic approach. *Carla Lertora.*
18:30 • 18:45 h. How can we improve the autoimmune component? *Dr. Laura Cortés.*
18:45 • 19:00 h. Stress, anxiety, and brief therapy. Sexuality approach in people with lichen sclerosis. *Silvia Pastells.*
19:00 • 19:15 h. Pelvic floor rehabilitation. *Nuria Felip.*
19:15 • 19:30 h. Teaching home pelvic floor rehab and the use of sex toys. *Sabina Pellizzari.*
19:30 • 20:00 h. **DISCUSSION**



9:00 • 11:30 h.

SESSION 3: REGENERATIVE TECHNIQUES FOR LICHEN SCLEROSUS

Moderators: *Dr. María José Barrera and Dr. Max Brambilla.*

- 9:00 • 9:15 h. Regeneration what does it mean? A comprehensive overview on regenerative products. *Dr. Miguel Garber.*
- 9:15 • 9:30 h. When and when not a regenerative strategy in LS. What the experience tell. *Dr. Max Brambilla.*
- 9:30 • 9:45 h. Laser and radiofrequency in lichen sclerosis: what do we know and where are we heading? *Dr. Filippo Murina.*
- 9:45 • 10:00 h. Shockwaves in lichen sclerosis. Preliminary results. *Dr. Maite Fernández.*
- 10:00 • 10:15 h. Platelet-rich plasma: Types and differences. *Dr. Maite Fernández.*
- 10:15 • 10:30 h. The nanofat for LS: our experience. *Dr. Patricia Gutiérrez.*
- 10:30 • 10:45 h. Exosomes: their potential role in lichen sclerosis. *Dr. Fernando Aznar.*
- 10:45 • 11:00 h. Hat trick III, the multilayer regeneration: the new frontier for the treatment of LS. *Dr. Max Brambilla.*

11:00 • 11:30 h.

DISCUSSION

11:30 • 12:00 h.

Coffee break

12:00 • 12:30 h.

Conference: The patient perspectives: the italian and English experience. *(Ruffineau/Black)*

12:30 • 14:30 h.

SESIÓN 4: HOW AND WHEN TO ACT IN LICHEN SCLEROSUS?

Moderators: *Dr. Victoria Martínez and Dr. Santiago Palacios.*

- 12:30 • 12:45 h. Long-term results of regenerative techniques for lichen sclerosis: 20 years of experience. *Dr. Max Brambilla.*
- 12:45 • 13:00 h. Lichen sclerosis treatment algorithm. *Dr. Maite Fernández.*
- 13:00 • 13:15 h. Vulvar stenosis treatment algorithm in lichen sclerosis. *Dr. Max Brambilla.*
- 13:15 • 13:30 h. Clitoral phimosis: when and how to treat it. *Dr. Maite Fernández/Dr. Max Brambilla.*
- 13:30 • 13:45 h. Lichen sclerosis in men: a challenge, a reality. *Dr. Max Brambilla.*
- 13:45 • 14:00 h. Lichen in children: when to act and how to do it. *Dr. Verónica Boero.*
- 14:00 • 14:15 h. Lichenhub Project: a vision and a mission. *Dr. Maite Fernández and Dr. Max Brambilla.*

14:15 • 14 :30 h.

DISCUSSION

14:30 • 15:30 h.

LUNCH

SESIÓN QUIRÚRGICA

15:30 • 17:00 h.

HAT TRICK *(Dr. Max Brambilla)*/PRP topical exosomes *(Dr. Maite Fernández).*

17:00 • 17:30 h.

Coffee break

17:30 • 19:00 h.

Introitus enlargement surgery *(Dr. Max Brambilla)*/
Autologous exosomes *(Dr. Maite Fernández).*

CLOSING



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LANGUAGES: Spanish · English. (Simultaneous translation)

DATE: 3 - 4 April 2025

VENUE: HOTEL NH MADRID VENTAS ****. C. de Biarritz, 2 (B° Salamanca) Madrid

REGISTRATION: Only through the web

Type of registration (until 14 April)	Registration fee
Early bird (<i>Until 14 April</i>)	300,00 €
Subsequent fee	400,00 €
SEGERF member rate	300,00 €
Fee for partner companies	300,00 €
Residents, midwives and physiotherapists	90,00 €

The registration fee includes:

- Conference documentation · Access to the scientific sessions and commercial area
- Coffee breaks and lunch · Coffee breaks and lunch · Diploma of attendance
- Possibility of obtaining continuing education accreditation

CREDITS:

Official credits have been requested from the Continuing Education Commission

ORGANISED BY:



TECHNICAL SECRETARIAT:

Meet & forum

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